

<u>Ten Things I Want</u>	<u>What Does This Provide?</u>	<u>Things I Can Do Already</u>
<i>A nice car.</i>	Better professional image, ability to travel w/o worry about mechanical breakdowns, fun to be in, choosing a car that reflects myself, <i>a feeling of satisfaction and success.</i>	Clean house.
<i>Money to take trips with my family.</i>	Time to spend with the ones I love, cultivating deep-rooted and healthy relationships, see new things, share life together. <i>The exhilaration and luxury of leisure TIME TOGETHER</i> that I missed out on as I was raising them.	Spend leisure time together with my family.
<i>Whirlpool and sauna at my office.</i>	More ways to deliver effective service to clients, the option of using them for my own health, <i>a center that is attractive and beneficial for clients' body-mind-spirit health, making a contribution to world wholeness</i>	Sanctify my space through meditation and intent.
<i>Finished patio under the deck and comfortable lawn furniture.</i>	The ability to relax outside comfortably and enjoy what we have. Fresh air, <i>the wholeness of being in touch with nature, invigoration.</i>	Spend time outside.
<i>To earn enough money so that I can work fewer hours.</i>	To extend my career and not wear myself down, more leisure time for other pursuits: gardening, being with family, keeping house better organized, more attention to family meals, <i>a feeling of peace and satisfaction.</i>	Stay home more often on Sunday, gardening, being with family, preparing a nice meal
<i>An Alvarez guitar.</i>	More comfortable to play, a beautiful sound, better quality music for church, <i>the joy of making beautiful music</i>	Take joy in playing music
<i>A slimmer body.</i>	Feeling lighter on my feet, easier to breathe, look better and feel better, <i>better health more energized</i>	Exercise and eat more fruits and vegetables
<i>A new wardrobe</i>	Better professional image, look better, feel better, to be able to have at hand an appropriate outfit for occasions, <i>not feeling dowdy, but radiant, attractive.</i>	Wear bright colors