

The lyrics and music of Laura's Hawaiian Lullaby were composed with a translation of the words she received in meditation from the tree on Maui, as described in Chapter 9 of Wisdom Journey:

Cradling embrace...

Abiding Presence...

Everything you need is given to you.

The melody embodies the rise and fall of ocean waves. It is sung an octave lower than written, in a lower, "grandmother" vocal range, rather than a higher "new mother" range. The lullaby has a feel of being securely held and rocked calmly in wise and loving, eternal arms.

Thank you to Larry Kimura, who provided the free-fitting conceptual translation of these words from English to Hawaiian.

Hawaiian Lullaby  
(Sing one octave lower)

The musical score is written on four staves. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a tempo marking 'capo3 play D'. The notes are: D4, E4, F4, G4, A4, Bb4, A4, G4, F4, E4, D4. The second staff continues with notes: D4, E4, F4, G4, A4, Bb4, A4, G4, F4, E4, D4. The third staff continues with notes: D4, E4, F4, G4, A4, Bb4, A4, G4, F4, E4, D4. The fourth staff continues with notes: D4, E4, F4, G4, A4, Bb4, A4, G4, F4, E4, D4. The lyrics are written below the notes.

Hi'i i — a — kapü la — ma — a lo  
a — nai ne-i — no ho na — Hi'i  
i — a — kapü la — ma —  
La — ko — kü o — la

Maui Tree Meditation

Cradling embrace...

Abiding Presence...

Everything you need  
is given to you.